

VIRTUAL CHILDBIRTH EDUCATION SERIES

for
Pregnant families and birth workers.



Topics covered:
Colonization of birth
Connecting with baby
Stages of Labor
Comfort Measures
Newborn care & feeding
Postpartum care



REGISTER AT WWW.LAKOTASCOTT.COM

LED BY LAKOTA SCOTT (DINÉ)
NATUROPATHIC DOCTOR & DOULA

Date: Classes offered Monthly
Location: Zoom
Cost: \$80 per class

